



## **Spiritual Guidance Across Religions: A Sourcebook for Spiritual Directors and Other Professionals Providing Counsel to People of Differing Faith Traditions**

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# Spiritual Guidance Across Religions: A Sourcebook for Spiritual Directors and Other Professionals Providing Counsel to People of Differing Faith Traditions

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**The groundbreaking professional resource for providing spiritual guidance to people from faith traditions other than your own.**

This comprehensive resource offers valuable information for providing spiritual guidance to people from a wide variety of faith traditions. Covering the world's faith traditions as well as interfaith, blended and independent approaches to spirituality, each chapter is written by a spiritual guidance professional from that tradition or who works extensively with people from that tradition. Each chapter provides:

- An overview of the tradition, including basic beliefs
- Methods for spiritual guidance honored in that tradition
- Common spiritual problems encountered by people of that tradition
- Tips, techniques and practices
- Helpful resources for further learning

## CONTRIBUTORS:

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## Religions Covered

By Estimated U.S. Population

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