



The Undone Heart

Tyrone Holmes

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In *The Undone Heart*, Ty Holmes endeavors to make readers' lives a little bit brighter with his passionate, joy-filled poems.

Holmes's work is inspired by spiritual movements, mystical teachings, and the theory and techniques of yoga. Holmes recalls meeting a yoga teacher while in his midtwenties. This one encounter would change his life forever and send him down an entirely different path than he expected. Now, Holmes is an ordained One Spirit Interfaith minister and yogi. He shares with readers his new hopes, joys, and struggles in this candid and confident poetry collection.

Holmes hopes that his poetry can be the catalyst for life-changing reactions and exploration. He encourages each reader to probe his or her own identity and spirituality and tackle larger world issues.

Holmes's eloquent writing flows across the page in free verse. Poems like "The Tire Mark," "Patiently," and "Get the Math Right" illustrate spiritual concepts and provide food for thought. Holmes inspires readers to start recording their own spiritual revelations and the journey ahead.

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