



Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Turquoise Stripes)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Fabiola Stewart:

Have you spare time for a day? What do you do when you have far more or little spare time? Sure, you can choose the suitable activity regarding spend your time. Any person spent their own spare time to take a wander, shopping, or went to the actual Mall. How about open or perhaps read a book called Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Turquoise Stripes)? Maybe it is to get best activity for you. You recognize beside you can spend your time together with your favorite's book, you can smarter than before. Do you agree with their opinion or you have various other opinion?

Ruben Hardy:

In this 21st century, people become competitive in each way. By being competitive now, people have do something to make these survives, being in the middle of the particular crowded place and notice by surrounding. One thing that at times many people have underestimated this for a while is reading. Yes, by reading a book your ability to survive boost then having chance to stand than other is high. For you who want to start reading any book, we give you this particular Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Turquoise Stripes) book as nice and daily reading e-book. Why, because this book is more than just a book.

Jennifer Newhouse:

Is it you actually who having spare time after that spend it whole day by means of watching television programs or just resting on the bed? Do you need something totally new? This Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Turquoise Stripes) can be the reply, oh how comes? A book you know. You are consequently out of date, spending your spare time by reading in this fresh era is common not a geek activity. So what these books have than the others?

Lauren Zavala:

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