



Tea Cookbook: Sweet and Savory Recipes for Tea Lovers

Tonia George

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In the "Tea Cookbook", Tonia George presents a unique take on tea culture by offering both sweet and savory recipes using a whole host of exquisite flavors. The Savory dishes show how versatile an ingredient tea can be. Mussels in Ginger and Lemon Tea Broth are great for a dinner party while Green Tea, Tofu, Noodle, and Cress Soup is the perfect choice when you need a dose of healthy eating. Mint Tea Couscous with Roast Squash, Halloumi, Dates, and Pistachios is so simple that it's ideal for feeding the whole family when time is precious. Transform your Desserts into something irresistible?bake a Deep-filled Assam and Lemon Tart for a show-stopping after-dinner sweet. Sink your teeth into an Earl Grey Truffle and you'll be hit by the creaminess of the chocolate? and only at the end by the distinctive perfume of Earl Grey. These truffles, along with White Tea and Apricot Jam among others, make lovely Sweet Treats to give as thoughtful gifts. Finally, there are lots of surprises in the Drinks chapter. • Perfect for tea lovers everywhere, this book is full of quick, easy recipes for original and delicious dishes. • Tantalizing photography by Martin Brigdale.



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