



Adult Coloring Journal: Trauma (Nature Illustrations, Polka Dots)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and prompts in this interactive adult coloring journal for their meditative power to enhance your journaling experience and aid in your journey of self-discovery and path to happiness. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Reading can called imagination hangout, why? Because while you are reading a book specifically book entitled Adult Coloring Journal: Trauma (Nature Illustrations, Polka Dots) your thoughts will drift away trough every dimension, wandering in each and every aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging just about every word written in a guide then become one application form conclusion and explanation that maybe you never get before. The Adult Coloring Journal: Trauma (Nature Illustrations, Polka Dots) giving you an additional experience more than blown away your brain but also giving you useful details for your better life in this era. So now let us explain to you the relaxing pattern this is your body and mind is going to be pleased when you are finished examining it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

Rita Furguson:

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