



Aikido Buki Waza: Weapon techniques in Traditional Aikido b/w (Aikido - Traditional Aikido Tai jutsu & Buki Waza) (Volume 3)

Mats Alexandersson

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The Book - Aikido BukiWaza Traditional Aikido originates in Iwama, Japan. Aikido was founded by O-Sensei, Morihei Ueshiba in 1942 in the village of Iwama. Traditional aikido is often referred to as Takemusu Aiki and is a martial art that combines empty handed techniques (tai jutsu) and weapons (buki waza), the sword and staff. This is the third volume out of three volumes. This volume focuses on the weapons techniques and riai and contains more than 1500 pictures.

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