



Running Toward The Mark 13.1: 13 lessons for super-charging your spiritual life to race through life's toughest challenges

Ruel Fordyce

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WHO ELSE WANTS TO SUPERCHARGE THEIR SPIRITUAL LIFE IN 13 DAYS? A

REVOLUTIONARY SPIRITUAL EXPERIENCE AWAITS YOU!!! Synopsis: "Running Toward The Mark 13.1" is a revolutionary devotional designed to transform and transcend your spiritual experience to new heights in as little as thirteen days. The practical experience of running a half marathon is paralleled to the spiritual life to help anyone live the life that God has called us to. Running Toward The Mark 13.1 is loaded with timeless treasures for both runners and non-runners alike. Practical examples are given to assist in transforming your Christian life into a life that pleases God. My half-marathon training schedule that helped me improve my time by 11 minutes is also included. Running Toward The Mark 13.1 engages readers in a spiritual retreat for reflection, revival and reformation of their spiritual lives. The Problems: • Do you want to serve God but don't know how? • Do you struggle in studying the word of God? • Do you struggle with problems such as addiction, health, employment, marriage, depression etc.? • Do you have problems with improving your running performance? • Do you frequently get injured? Solution: • Find simple strategies to live with purpose • Find simple strategies in spending more time with God • Feel and experience the power to overcome life's obstacles? • Find key tips to improve running performance? • Find key strength exercises to reduce your chances for incurring an injury? Pros: Uses the bible along with simple and time tested strategies to: • Improve your spiritual life • Help you overcome life's challenges • Improve your running performance and reduce injury • Improve your health and well being • Improve your self worth • Help you live by a higher purpose (This means pleasing God in everything we do) Cons: • Does not use too many technical jargon's to illustrate strategies Are you ready to be transformed? I challenge you to join me on this journey and let's run toward the mark. 13 days is all it takes. If you are ready for a life changing experience, then this book is for you. GET YOUR COPY TODAY!!!

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