



Undrunk: A Skeptics Guide to AA

A.J. Adams

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Undrunk: A Skeptics Guide to AA A.J. Adams

A candid, often hilarious guide for anyone who "just doesn't get" Alcoholics Anonymous.

In this unprecedented book, A. J. Adams uses self-deprecating humor, entertaining anecdotes, and frank descriptions to introduce anyone who "just doesn't get" Alcoholics Anonymous to the complete "Undrunk" lifestyle. My eyes wandered around the room, taking in the strange collection of humanity seeking to claim me as a fellow sufferer. If variety is the spice of life, this crowd was the jambalaya of affliction. Beginning with the story of his first AA meeting, he takes the mystery out of what goes on behind closed doors, dispelling misconceptions of AA as cultlike, secretive, campy, or lowbrow. He then presents a user-friendly history and introduction to AA, explaining the Steps, Traditions, terms, and sayings--all punctuated by honest, often hilarious descriptions of his own struggles and eventual transformation to "getting" the program.

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Robert Rochester:

Exactly why? Because this Undrunk: A Skeptics Guide to AA is an unordinary book that the inside of the e-book waiting for you to snap the idea but latter it will surprise you with the secret this inside. Reading this book close to it was fantastic author who also write the book in such wonderful way makes the content within easier to understand, entertaining technique but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of rewards than the other book include such as help improving your talent and your critical thinking way. So , still want to hold up having that book? If I had been you I will go to the guide store hurriedly.

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