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# **Juices & Smoothies Galore 2008**

Susannah Blake



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## Juices & Smoothies Galore 2008

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Packed with over 120 delicious drinks, these recipes are a fun way to get your daily requirement of 5 portions of fruit and vegetables a day. A detailed guide on juicing techniques and combining flavors is also included in this wonderful collection of juices and smoothies.

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