



# Mechanical Shoulder Disorders: Perspectives in Functional Anatomy with DVD, 1e

*James Porterfield, Carl DeRosa*

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**Mechanical Shoulder Disorders: Perspectives in Functional Anatomy with DVD, 1e** James Porterfield, Carl DeRosa

This new clinical reference provides a thorough discussion of the shoulder from the normal and abnormal perspective with an emphasis on the anatomical and mechanical foundations of shoulder disorders.

Throughout the text, the authors show how an understanding of tissue injury, the healing process, and the role of the neuromuscular system of the trunk and shoulder complex are the keys to successful treatment.

Readers will learn about the shoulder girdle complex within the context of its relationship to the surrounding body area, including the neck and arm as well as the trunk and lower extremities. An accompanying DVD with interactive motion menus includes 120 minutes of video that display clinical dissection of the shoulder.

- The text includes over 100 detailed anatomical illustrations that augment the text descriptions of the anatomy, clarify concepts, and aid visual learners.
- 60 cadaver photos, placed alongside the anatomical illustrations, help the reader visualize musculature and anatomical structures.
- Assessment models and photographs for the shoulder girdle complex provide step-by-step procedures to help perform a patient assessment.
- More than 50 illustrated exercises that may be used in patient treatment are designed to improve the strength, power, and endurance of the global and local muscles associated with the shoulder girdle.

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