



# Manly Food

*Simon Cave*

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## **Manly Food** Simon Cave

A book of strong and masculine flavors, *Manly Food* is a feast of high quality recipes and expert instruction, designed to appeal to the tastes and interests of men. The 18 chapters are arranged by areas of interest, including Pure Meat, Manly Cocktails, Chili and Spice as well as by occasion, including Grill and Barbecue, Fast Food, TV Dinners, and Hangover Cures, giving the reader a collection of recipes perfect for entertaining crowds, finding an impressive menu for two, or just how to cook the perfect burger. There are 200 recipes, and the book also contains a butchery guide as well as other useful tips on building a barbecue from scratch or sharpening knives.

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