



# The Enneagram Development Guide

*Ginger Lapid-Bogda*

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## **The Enneagram Development Guide** Ginger Lapid-Bogda

The Enneagram Development Guide is a must have for anyone interested in self-development. It spells out step-by-step strategies to overcome the pitfalls and limitations of each of the nine personality types that comprise the Enneagram, as well as exercises to develop more self-mastery. Written for individuals who already know the Enneagram and want to take charge of their personal growth, it is also designed for managers who are responsible for developing others and need effective tools and activities to share with their teams. Lastly, coaches who use the Enneagram find in this guide a selection of activities that target specific development areas for each personality style. The book is divided into nine chapters, one for each of the personality styles, plus a tenth chapter offering additional developmental activities. The topics are: Communication: how to work on your speaking style, body language, blind spots, and listening filters that distort what you hear; how to use e-mails as a development tool. Feedback: how to enhance your ability to give effective feedback and be more receptive to others feedback. Conflict: how to use your reactions to conflict as opportunities for growth. Teams: how to enhance team performance at the four stages of team development and expand their most common task-and-relationship-based team behaviors. Leadership: how to expand your leadership style. Results Orientation: how to drive for results effectively without going into overdrive. Strategy: how to think and act strategically. Decision Making: how to expand your three Centers of Intelligence in decision-making. Organizational Change: how to become a change leader. Transformation: how to transform your mental and emotional patterns from reactive habits to expanded opportunities. Self-Mastery: how to use wings and arrows for development. The Enneagram Development Guide is described as Pure Gold!

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