



The Pavlova Story: A Slice of New Zealand's Culinary History

Helen Leach

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While Australians and New Zealanders have long debated which country invented the pavlova (a large meringue dessert cake said to emulate the lightness of the famous ballerina, Anna Pavlova), the real story of the ballerina's visit to the Antipodes and the emergence of three different pavlovas was neglected.

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