



# Same Dress, Different Day: A Spiritual Memoir of Addiction and Redemption

*Juliet Van Heerden*

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People affected by a loved one's addiction suffer silently in church pews. I was one of them. I'm Juliet. Sometimes I wish I could be someone else, with another name altogether, someone whose life is more comedy than tragedy. During the twelve years I was married to a cocaine-addicted Christian, I was overwhelmed with isolation and shame as I sat next to my ex-husband in church week after week. No one fathomed our family skeletons. How could I tell anyone? God stirred my spirit to seek personal healing and give voice to my reality. Through Him, I found freedom from silence and redemption for the life dreams I thought were forever lost. Same Dress, Different Day: A Spiritual Memoir of Addiction and Redemption chronicles my journey from victim to victor as I struggled to break free from codependency's suffocating cycle. I learned to see my Savior as the soul mate and provider my chemically dependent spouse could never be. God's healing grace is not only for the addicted, but also for the broken ones who love them.

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