



The Co-Parents Handbook: Raising Well-Adjusted and Resilient Kids from Little Ones to Young Adults through Divorce or Separation

Karen Bonnell

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The Co-Parents' Handbook is an extremely valuable resource for parents and families in transition. This splendidly practical manual will help people navigate changes in family structure so they can be the parents their children deserve. -Diane Diel, JD, Family Lawyer, and Past President of the International Academy of Collaborative Professionals and State Bar of Wisconsin This book contains the absolute essence of practical, healthy co-parenting for two homes. Sound guidance, clear protocols, and compassionate insights- a much needed resource! A "must read" not only for co-parents, but also for anyone interested in how to support changing families. -Anne Lucas, MA, LMHC, Psychotherapist, Mediator, Divorce Coach, and adjunct faculty at Saybrook University; Past President of King County Collaborative Law The most progressive, practical, and hopeful book for families in transition! -Felicia Malsby Soleil, JD, Family Law Attorney, Mediator and Founder/past President of Collaborative Professionals of Washington With a tested "here's how" approach, The Co-Parents' Handbook helps parents confidently take on the challenges of raising children in two homes. Addressing parents' questions about the emotional impact of separation, conflict, grief and recovery, the authors skillfully provide a roadmap for all members of the family to safely navigate through separation/divorce and beyond. Parents discover through practical guidance how to move from angry/hurt partners to constructive, successful co-parents. The pages are chock-full of helpful strategies to resolve day-to-day issues in an easy-to-use format. This book is here to answer questions, help parents co-parent and ensure kids thrive!"

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