



Step by Step Tennis: & Other Racket Sports (Step by Step Sports)

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Step by Step Tennis: & Other Racket Sports (Step by Step Sports) The Diagram Group Covers the sports of tennis, badminton, squash, racquetball and paddle games including table tennis, paddleball, and platform tennis. North American and international rules, clear visual explanations of courts, equipment and skills are laid out using stop-action drawings and photos that break complex movements down into easy-to-understand and -copy parts. Timing, strokes, proper forehand and backhand grip, service positions, volley, lob, and smash and drop shots, among others become easier to accomplish with this practical and informative book. A success when it was originally published in 1978, Step by Step Tennis gives good value for money and is an efficient addition to the library of anyone who plays, or wants to play any of the sports it covers.



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