



The Dynamic Path: Access the Secrets of Champions to Achieve Greatness Through Mental Toughness, Inspired Leadership and Personal Transformation

James M. Citrin

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The best-selling business leader offers a fresh and compelling path to success based on extensive research and candid interviews with some of the greatest winners of our time

In James Citrin's new paradigm-shifting book, he identifies the essential characteristics and disciplines that have led many of our outstanding athletes and other extraordinary performers to achieve equally significant accomplishments in their respective business careers. Citrin uses dozens of compelling interviews with personalities as varied and impressive as Colin Powell, Tony Hawk, Billie Jean King, Magic Johnson, Mia Hamm, and Buzz Aldrin, to name a few, to illustrate a new personal achievement program called the Dynamic Path--a plan that any businessperson can put to immediate use. Citrin identifies three stages on this path to greatness:

- **the Champion--combine the work ethic of Tiger Woods with self-confidence and mental toughness to reach the top**
- **the Great Leader--follow Bob Iger's revitalization of Disney as one of our best brands**
- **the Legacy--learn the ultimate lesson in good and lasting work from Lance Armstrong**

With inspiring anecdotes, real-world business examples, and his trademark penetrating insight into what it takes to get ahead, Citrin once again provides a clear and concise roadmap for personal excellence.

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