



# Embracing Diversity: Treatment and Care in Addictions Counseling

*Tiffany Lee*

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For those who provide counseling services, cultural competency is imperative. *Embracing Diversity* addresses diversity concerns in addiction counseling. It explores students' self-awareness, knowledge, and skills regarding various population groups and provides information on substance use issues, screening and assessment concerns, and treatment recommendations specific to diverse populations.

The selected readings speak to the unique issues faced by African Americans, American Indians, Arab Americans, Asian Americans, Latinos, and women as they address their substance use disorders. Students will learn how to best meet the needs of those who have co-occurring disorders, those within the criminal justice system, and those who are economically disadvantaged. The material also addresses teens, young adults, and older adults, as well as members of the LGBTQ community, and those who are or have been military personnel.

*Embracing Diversity* prepares counselors to assist individuals who come from differing walks of life and whose backgrounds and experiences must be taken into account in order to optimize successful outcomes. The book is suitable for graduate-level courses in addiction studies, psychology, social work, and multicultural counseling.

**Tiffany Lee** earned her Bachelor's degree in psychology from the University of Florida, her Master's in community counseling from the University of Alabama at Birmingham, and her Doctorate in counselor education and supervision from Western Michigan University. Dr. Lee is an assistant professor in the Specialty Program in Alcohol and Drug Abuse at Western Michigan University, where she teaches courses in addiction and multicultural counseling. Dr. Lee continues to work as an outpatient addictions counselor and has been a Circuit Court Advocate with the national program Treatment Alternatives for Safe Communities, and a child protective investigator for the State of Florida. She is a National Certified Counselor, Licensed Professional Counselor, and Certified Advanced Alcohol and Drug Counselor.

**Paul Tokorcheck** earned his Ph.D. in mathematics at UC Santa Cruz, with research interests in group representations, number theory, and Lie theory. He is now a lecturer with the Department of Mathematics at Iowa State University. Apart from mathematics, Dr. Tokorcheck's life journey has taken him through a variety of jobs, from cooking in award-winning kitchens of California, to teaching high school in northern Ghana, to resettling refugees from the civil wars in Liberia and Sierra Leone.

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