



# **Dying to Look Good : The Disturbing Truth About What's Really in Your Cosmetics, Toiletries and Personal Care Products**

*Christine H. Farlow*

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Who would expect that making a profit would be more important than people's health and their lives? Yet, this is exactly the case in the cosmetics industry. Cosmetics and toiletries are laden with toxic chemicals, many carcinogenic. Makeup, hair coloring products, baby powder, shaving cream, mouthwash and toothpaste are just a few of the products that contain cancer-causing ingredients. Even products that are supposed to be gentle and mild for babies often contain toxic, irritating chemicals.

Dying to Look Good tells you if the cosmetic and personal care products you're buying contain dangerous ingredients. It reveals what manufacturers don't want you to know about their products and shows you how to find the truth behind deceptive product packaging. You will learn how to confidently read labels so you know how safe your cosmetics and toiletries are.

This book classifies over 1200 cosmetic ingredients according to safety, whether they may cause allergic reactions, whether they have been reviewed by the Cosmetic Ingredient Review Panel and if they are approved or recognized as safe by the FDA. It also lists over 750 cosmetic and personal care products that have been evaluated as "safe." In just seconds, you can find out if an ingredient in the product you're buying is harmful and you can identify safer products for yourself and your family.

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