



# The Playbook: A Student-Athlete's Guide to Success

*Robert Grilli*

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# The Playbook: A Student-Athlete's Guide to Success

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## **The Playbook: A Student-Athlete's Guide to Success** Robert Grilli

A playbook prepares you to succeed on the field. This playbook attempts to serve a similar function both on and off the field and offer tips and tools that draw on experiences of a former student-athlete's personal growth over two decades. I trust my journey and the tools I have utilized to succeed academically, athletically and socially will empower current and prospective student-athletes alike. It will also empower family, friends, coaches, and faculty to connect and help their student-athletes thrive. I wish you the best as you embark on this exciting chapter of your life.

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