



The Poetic Diary of Love and Change: Volume 3

Clarissa O. Clemens

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Have you had your heart broken? Take a Look at These Heartfelt Poems to Heal

Are you feeling devastated by losing the love of your life? Has divorce broken your heart into a million pieces? It can make you feel as though you cannot go on and that you will never love again.

Clarissa O. Clemens found herself drowning in the pain of a broken heart. She took her pen in hand and began processing all of those feelings writing poems of hopeful verse providing solace to her aching heart. Here is the first poem in the book for you to read:

Loving Myself First

Fluttery feeling
Fading fast
Holding onto dreams
You thought would last
Slipping away only to betray
The trust you had invested
Had failed after tested
What we had once called 'us'
Became empty and ambiguous
The 'we' became me
The bond was forever gone
The 'you' went astray
My broken heart on display
Alone in my loneliness
Finding strength
From my coldness
Anger helps to heal
Erase the numbness so I can feel
Direct my life with new meaning
Moving ahead done with grieving
Opportunities await my future state
Ready to create and contemplate
Who I am and who I want to be
Loving myself first
To truly set myself free

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Reviews & Accolades:

"...it was if she was reaching into my soul, into my heart and interpreting my raw emotions into words..."

"Clarissa is a true artist and this book a true work of art."

"...will help heal and mend your broken heart...a must read."

This is the 3rd volume in the series, *The Poetic Diary of Love and Change*, written by the accomplished poet, Ms. Clarissa O. Clemens. Pick up all 3 volumes of The Poetic Diary of Love and Change and begin the healing.

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