



How I Learned to Control My Temper

Debbie Pincus

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Ages 6 - 12. This is a storybook/workbook about Michael, who flies into a rage at the slightest provocation. Michael learns a variety of ways to control his temper and finds out how much better he is treated by both adults and other children when he talks things out. The activity section includes 24 reproducible fun exercises that teach children to control their anger.

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