



Taoist Meditation: The Mao-Shan Tradition of Great Purity (Suny Series, Toward a Comparative Philosophy of Religions)

Isabelle Robinet

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Isabelle Robinet's *Taoist Meditation* is the first and only scholarly study to discuss the ancient Mao-shan Taoist tradition of visionary meditation while, at the same time, helping to clarify the little understood relationship among the early Taoist classics, the Buddhist tradition, and the later Taoist religion. Most importantly, *Taoist Meditation* is a pioneering study that fully and accurately describes the unique visionary cosmology, bodily symbolism, astral journeys, internal alchemy, meditational techniques, and ritual practices of the Mao-shan or Shang-chi ing (Great Purity) movement one of the most important foundational traditions making up the overall Taoist religion.

This English version of Robinet's work is more than a simple translation. *Taoist Meditation* presents a significantly expanded edition of the original French text which includes up-to-date bibliographies of Robinet's work and other Western scholarship on Taoism, additional illustrations, and a newly compiled list of textual citations."

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