



# Treating Complex Trauma and Dissociation: A Practical Guide to Navigating Therapeutic Challenges

*Lynette S. Danylchuk, Kevin J. Connors*

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*Treating Complex Trauma and Dissociation* is the ideal guide for the front-line clinician whose clients come in with histories of trauma, abuse, self-injury, flashbacks, suicidal behavior, and more. The book helps clinicians develop their own responses and practical solutions to common questions, including "How do I handle this?" "What do I say?" and "What can I do?" *Treating Complex Trauma and Dissociation* is the book clinicians will want to pick up when they're stuck and is a handy reference that provides the tools needed to deal with difficult issues in therapy. It is supportive and respectful of both therapist and client, and, most of all, useful in the office.

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