



# Shame-Free: Sabotaged by Shame, Now Saved from Shame

*Bill Banks, Sue Banks*

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Sabotaged By Shame, Now Saved From Shame. Has shame maimed you? Have you been crippled by embarrassment? Or, have you merely had to battle being ashamed and to fight the opinion of others? Shame has been found to be a root spirit that affects individuals from earliest childhood. It has also been found to be bad fruit that may plague individuals throughout their lives. Discover how you, or someone you know, may live Shame Free! Chapters include: Shame Uncovered, What Is Shame?, The Root of Shame As Found In The Bible, The Root of Shame In Our Personal Lives, The Fruit of Shame In Our Lives, The Associated Problems With Shame, and Deliverance From Shame.

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