



Cancel-Out Of Print-Pilates for Rehab: A Guidebook to Integrating Pilates in Patient Care (8608)

Elizabeth Smith, Kristin Smith

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Authors Elizabeth Smith, PT, ATC, and Kristin Smith, CFT, ACSM, have combined their extensive hand-on rehab, training, lecturing experiences to introduce Pilates methods that are clinically relevant. Chapter content includes full adaptations for specific diagnoses, clinical applications, and case studies. Contains over 250 photographs, imagery illustrations, and anatomy illustrations.

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