



Saints at the Dinner Table

Amy Heyd

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I aimed to create recipes that would appeal to most people, would not require a master's in culinary arts to prepare and that would entertain as well as inform. My hope is that you feel inspired too and that this book serves as a friendly guidebook in your own quest to connect with—and even break bread with (as our Christian tradition calls us to do)—some of our most beloved saints! Prepare the meals with your family and bring the saints alive at your dinner table. —from the Introduction

Do you want to reconnect with family and friends and stimulate mealtime talk? Consider hosting dinners for your nearest and dearest and one of twelve saints who inspired award-winning baker and recipe innovator Amy Heyd. In *Saints at the Dinner Table* Heyd cooks up a delicious menu of meals that all your loved ones will relish. She dedicates each chapter to a saint who in some way inspired her to create original recipes for a complete meal—from salad to main course to dessert. Heyd combines a brief introduction to each saint, a reflection, an inspired menu, a dinner prayer and questions for meaningful dinner discussion. You won't want to wait to serve *Saints at the Dinner Table* at family dinner nights, book club discussions, parties with a twist and as a special gift for newlyweds, anniversaries, birthdays and more.

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