



# Stress Less Coloring - Around the World: 100+ Coloring Pages for Peace and Relaxation

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*Stress Less Coloring Around the World* helps you find peace and relaxation in the beauty of landscapes and landmarks from countries near and far. By concentrating on coloring and shading any of the 100+ illustrations of famous sights and beautiful scenery, you'll calm your mind in a creative, relaxing, and therapeutic way. From the Eiffel Tower to the Golden Gate Bridge to the Great Wall of China, each stress-reducing page invites you to express yourself using your own unique palette to decorate the designs. Soon you'll be able to shift focus to a relaxing and fun activity as you color in these delightful illustrations.

Whether you're new to art therapy or have been coloring for years, this book will help you find your inner calm and creativity--one page at a time.

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