



Bipolar Zoo: Diagnosing & Managing Bipolar Disorder

Dr. Paul Dawson

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BIPOLAR ZOO: DIAGNOSING & MANAGING BIPOLAR DISORDER by Dr. Paul Dawson provides an up-to-date overview of bipolar disorder including a definition of bipolar disorder, bipolar signs and symptoms, causes, risk factors, complications, preparation for your doctor's appointment, tests and diagnosis, treatments and drugs, lifestyle and home remedies. A major section of this book explores sex, love, and relationships when one member of a couple is a bipolar. What are the challenges and what should one do? When is it best to say "Goodbye" and end the relationship? What subtle signs of bipolar should alert you to possibly a destructive relationship when one is dating? Options for improving a romantic relationship or marriage are discussed. Also covered are alternative medications, coping and support tips, and discussion of the issue of prevention. Celebrities such as name actors, rock stars, pro athletes, and artists are discussed to provide the reader with identifiable cases involving bipolar disorder and depression. Dr. Dawson has written this book in terms which will be clear and practical for the general public looking to understand the diagnosis and management of bipolar disorder and depression. Dr. Paul Dawson earned a Ph.D. in psychology from The New School for Social Research, Graduate Faculty, New York City. Dr. Dawson has been chief psychologist of a state prison system, clinical psychologist at mental hospitals, clinics, schools, and has been in private practice and consulting. Dr. Dawson has written over 30 books including: ANGELINA JOLIE PSYCHOANALYZED; BIPOLAR ZOO; BIPOLAR JUNGLE; BORDERLINE PERSONALITY DISORDER; BPD RECOVERY; CHARACTER INTELLIGENCE (CI); CAMPUS KILLER'S SECRET OBSESSION; GRACE KELLY SESSIONS; HOW TO GET SOBER; JACKIE O SESSIONS; JACKIE ONASSIS IN THERAPY; JODI ARIAS; MANSON INTERVIEWS RAW; MARILYN MONROE DIAGNOSED; MASKS OF A LADY KILLER; MASKS of PREDATORS; MASKS of SEX PREDATORS; MASKS of TED BUNDY; MY PRINCESS DIANA THERAPY SESSIONS; MY TED BUNDY INTERVIEWS RAW!; NARCOTERRORIST PSYCHOPATHS; PRINCESS DIANA DIAGNOSED; PSYCHOLOGY OF HIDDEN INFLUENCE; PSYCHOLOGY OF MEN WHO ABUSE WOMEN; PSYCHOPATHS; ROCK STARS DIAGNOSED; SEX CRIMES; SEX, LOVE & SMART DATING; SKULL SCRAPERS, SKULL SCRAPERS 2, SKULL SCRAPERS 3; SKULL SCRAPERS 4; SKULL SCRAPERS 5; SKULL SCRAPERS 6; SPIES & ASSASSINS; SPIRITUAL THERAPY; TERRORIST IMPERATIVE; THE MASKS OF KARLA HOMOLKA.

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