



Canadian Living: The Complete Chicken Book

Canadian Living

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• 180+ recipes for a variety of meals, each with chicken as the main ingredients • 75+ colour photographs • Helpful cooking, shopping and preparing tips scattered throughout • Complete index that groups all recipes into helpful categories; search by type of recipe (such as burger or stir-fry), ingredient (such as ground chicken or green beans) or recipe name • Full nutrient analysis of each recipe

Canadian Living readers always ask for fresh dinner ideas, and chicken is usually what's on the menu. So The Canadian Living Test Kitchen has gone through hundreds of their Tested-Till-Perfect recipes and brought together more than 180 of their favourite dishes that feature this versatile meat. The book is organized in easy-to-use chapters around the part you want to use—such as breasts, thighs, cutlets, drumsticks, ground meat or the whole bird. You'll find simple weeknight meals (pan-fried or baked chicken, and simple stews, stir-fries and one-dish dinners), weekend treats (wings for game night, tasty burgers and easy stuffed chicken breasts) and entertaining mains (rotisserie and roasted whole chickens, Cornish game hens, and exotic stews and tagines). Canada's foremost food experts also give you helpful advice on buying, preparing and cooking chicken so that every dish you make turns out perfectly. You'll even learn some foolproof techniques for tasks that seem (but aren't) difficult, such as cutting up a whole chicken (you can do it!). And with the Canadian Living Tested-Till-Perfect guarantee, you'll be confidently creating classic chicken dinners your whole family will love. Chapters Include: • Chicken breasts • Chicken thighs and legs • Chicken drumsticks, wings and pieces • Cutlets, tenders and ground chicken • Whole chickens

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