



Safe Passage: Words to Help the Grieving

Molly Fumia

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The loss of a loved one can be devastating. Tens of thousands of people have taken grieving mother, writer, and grief expert Molly Fumia up on her offer of a helping hand through the process of grief and recovery. Her wisdom comes from personal experience, and her writing is at once universal and highly personal. In this new edition, Fumia has expanded her introduction, based on response to the book, plus added material on various relationship losses to several of the chapters. Through a series of contemplative meditations, Safe Passage helps readers through the stages of grief, from near disbelief and denial to acceptance and growth. Chapters including "Beginning," "Navigation," "Surrender," "Transformation," "Continuance," and "Connection" offer one map for a difficult journey. With moving and honest simplicity, readers are guided towards healing and hope. "On the path toward healing, I learned two surprising lessons," writes Molly Fumia in the Introduction. "The first is that grief is the most patient and persistent of all of life's companions. The second is that grief is an ancient, universal power that links all human beings together." Safe Passage is a compassionate and comforting companion, offering a steady hand through a dark voyage.

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